



The Racquet Club

2016 PROGRAM SCHEDULE

ADULT TENNIS PROGRAMS

**Weekly schedule may be subject to change*

Private lessons & custom clinics can be arranged through the Pro Shop.

MONDAY

8:30 a.m. - 10:00 a.m., Ladies 3.5 Doubles Team Strategy

9:00 a.m., Men's Social Drop In Play 3.0

10:00 a.m. - 11:00 a.m., Stroke Clinic (Ground Strokes)

10:00 a.m. - 11:30 a.m., 4.0+ Doubles Team Strategy

TUESDAY

8:00 a.m. - 9:00 a.m., Cardio Tennis

8:30 a.m. - 10:00 a.m., 3.5+ Doubles Workout

10:00 a.m. - 11:30 a.m., Ladies 3.0 Topic Clinic

WEDNESDAY

9:00 a.m., Men's Social Quad Play 3.0-3.5

10:00 a.m. - 11:00 a.m., Stroke Clinic (Volley)

12:30 p.m. - 1:30 p.m., Cardio Tennis

THURSDAY

8:00 a.m. - 9:00 a.m., Cardio Tennis

8:30 a.m. - 10:00 a.m., 3.5+ Doubles Workout

FRIDAY

10:00 a.m. - 11:00 a.m., Stroke Clinic

(Serve & Return)

SATURDAY

8:00 a.m. - 9:00 a.m., Cardio Tennis

SUNDAY

9:00 a.m., Weekend Mixed Doubles

SUMMER PRO DOUBLES EXHIBITION SERIES

TUESDAYS: JULY 5TH, 12TH, 19TH & 26TH